



UNIVERSITY OF THE
INCARNATE WORD

FEIK SCHOOL *of* PHARMACY

CONTINUING EDUCATION

as a part of



controversies in clinical therapeutics

presents

EVALUATION OF SLEEP AIDS FOR THE PREVENTION OF ICU DELIRIUM: TIME TO HIT THE SNOOZE?

Presenter: Abigail Hulsizer, PharmD
PGY2 Pharmacotherapy Resident
UIW Feik School of Pharmacy, San Antonio, TX

Upon completion of this activity, pharmacists will be able to:

1. Evaluate the correlation between the sleep-wake cycle and development of delirium in the intensive care unit.
2. Identify risk factors and potential consequences of ICU delirium.
3. Discuss the PADIS guideline recommendations for prevention and treatment of ICU delirium.
4. Assess a patient's risk for ICU delirium and determine if melatonin or ramelteon may aid in prevention.

Upon completion of this activity, pharmacy technicians will be able to:

1. Evaluate the correlation between the sleep-wake cycle and development of delirium in the intensive care unit.
2. List the risk factors and potential consequences of ICU delirium.
3. Summarize the PADIS guideline recommendations for prevention and treatment of ICU delirium.
4. Identify a patient at risk for ICU delirium and determine if melatonin or ramelteon may aid in prevention.

Date/Time: Friday, November 1, 2019 from 1:30-2:30pm
Location: UIW Feik School of Pharmacy, 703 E. Hildebrand, San Antonio, TX 78212
Room: FSOP 533 (P3 Classroom)
CPE Credit: 1.0 contact hours (UAN: 0445-0000-19-024-L01-P; 0445-0000-19-024-L01-T)
Activity Type: Application-based activity
Target Audience: Pharmacists and Pharmacy Technicians
Fees: No fees; activity is free-of-charge
RSVP: No RSVP required

The University of the Incarnate Word Feik School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is designed for pharmacists and pharmacy technicians to gain and apply knowledge related to sleep aids and ICU delirium. There are no fees for this application-based CPE program. The pharmacist or pharmacy technician will only receive credit for programs after receiving a 70% on a post-test and an activity evaluation form is completed and submitted through FSOP's Learning Express CE website (<https://uiwfsop.learningexpressce.com/>). For detailed instructions on how to use the site, see the link at www.uiw.edu/pharmacy/alumni/cpe.html. Participants will have six weeks to complete the post-test and evaluation form. The deadline to submit the post-test and evaluation form to obtain CE credit is December 13, 2019.

